

2010 Summer Bereavement Services

Movie Night

Join us at Lory's Place for some popcorn and a fun, relaxing evening watching:

The Five People You Meet in Heaven- On his 83rd birthday, Eddie, a war vet and a maintenance worker at the Ruby Pier amusement park, dies while trying to save a girl who is sitting under a falling ride. When he awakens in the afterlife, he encounters five people who help him understand the meaning of his life.

The Bucket List-Two terminally ill men escape from a cancer ward and head off on a road trip with a wish list of to-dos before they die.

Thursday, June 17 "The Five People You Meet in Heaven" 7:00 pm Lory's Place (adult only)

Thursday, June 24 "The Bucket List" 7:00 pm Lory's Place (adult only)

Write Out Our Grief

Mourning our losses is a vital component to the grieving process. There are many ways to mourn and one is to "write". "Write Out Our Grief" is a writing opportunity for adults of all ages who are coping with a loss/losses by death. This is a non-judgmental, supportive group where you will be encouraged to share, however all sharing is optional. No writing experience is necessary. Please call with questions or RSVP by July 2 to DJ Hosbein, Bereavement Coordinator, at 269-429-7100.

Tuesdays, July 6 -27 3:30-5:00pm St. Joseph - Hospice at Home

Making Memories: Memory Pillow Project

A great way to preserve the memories of loved ones in an attractive and functional way. Group participants will use special material and/or personal effects of loved ones to create their own unique memory pillow. Participants will need to bring a large piece of clean and ironed material (such as a shirt, dress, sheet, or pillow case). Participants may also bring small memory items to place in or sew onto the pillow. If participants could bring their own sewing scissors, it would be appreciated but is not mandatory. All other materials will be provided by Hospice at Home. Class size is limited to 15 people so please RSVP to Karen Riffer-Reinert, Bereavement Coordinator, at 269-637-3825.

Thursdays, July 29 -August 12 6:00-7:30pm South Haven - Hospice at Home

Photography Group

Many times the feelings brought by grief are beyond words. In this creative four-week series, we will use photography to express the emotions and experiences that have resulted from the death of a loved one. Each week we will explore a new setting to capture photos that express an aspect of the grief process. Prints will be reviewed during the final session. No photography experience is necessary. Please bring a digital camera if you are able. Extra cameras will be available during each session. This program is open to all ages. Please RSVP regarding attendance and the need for a camera to Karen Alkema, Bereavement Coordinator at 269-695-1099.

Wednesdays, August 11 -September 1 4:00-5:30pm Niles/Buchanan - Hospice at Home



Lory's Place
**Hospice
at Home**

Because life is precious.

Lory's Place
445 Upton Dr.
St. Joseph, MI 49085
(269) 983-2707
(800) 717-3812

**St. Joseph
Hospice at Home Office**
4025 Health Park Ln.
St. Joseph, MI 49085
(269) 429-7100
(800) 717-3811
Contact: DJ Hosbein

**South Haven
Hospice at Home Office**
05055 Blue Star Hwy
South Haven, MI 49090
(269) 637-3825
(800) 637-3820
Contact: Karen Riffer-Reinert

**Niles/Buchanan
Hospice at Home Office**
4017 Chamberlain
Buchanan, MI 49107
(269) 695-1099
(888) 599-5758
Contact: Karen Alkema

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Let's Go Fly a Kite

This special workshop is an opportunity for kids of all ages (adults included) to participate in assembling, decorating and flying their very own kite. This group will be lead by Lory's Place staff and Perry Ostdiek, a local Boy Scout who is lending his talents and time to assist in kite construction. Upon completion of the kites, the group will take a short walk to a nearby field and watch their creations take flight. Please call Lory's Place at 269-983-2707 to register.

Wednesday, July 21 6:30-8:00pm Lory's Place

Mixed Media Art—Adult Group

This four week workshop will provide creative grief expression opportunities through the use of mixed media art. Classes are adult only and size is limited to twelve participants on a first-come first-serve basis. Call Lory's Place at 269-983-2707 to register.

Week One: Memory Necklaces with artist Gloria Warwell-Oberst

In this class participants will make a personalized photo necklace. This unique creation will recognize and honor that special life remembered. Please bring two or three photos that will fit into a one-inch square pendant.

Week Two: Painting with Jan Sonneman

Weeks Three & Four: Ceramics/Clay with artist Sherrie Styx

In this two session class, participants will use holistic expression to create tiles in memory of loved ones. Please bring keepsake items to press into the clay to create texture. There will be items on hand as well. Participants will learn to slab clay, make tiles and then glaze them. Tiles can be displayed in miniature easels.

Saturdays, July 10 -31 10:00am-12:00pm Box Factory for the Arts (1101 Broad St., Saint Joseph)

Mixed Media Art—Children's Group

This four week workshop will provide creative grief expression opportunities through the use of mixed media art. Classes are for children ages 5+ and size is limited to twelve participants on a first-come first-serve basis. Call Lory's Place at 269-983-2707 to register.

Week One: Drama with Carole Catherine

Participants will learn to create their own scenes through improvisation games. They will explore feelings, both humorous and touching, through actor's exercises.

Week Two: Memory Collage Boxes with Sherrie Styx

The art of collage is perfect for all ages and participants will create a special memory box to hold keepsake treasures to remember their loved ones. Please bring special photos and yarn/ribbon from home to add to the boxes. There will be items on hand to select from as well. Boxes will be taken home the same day.

Weeks Three: Glass Painting with Sherrie Styx

In this class, participants will visually relax using holistic color to create their own "Tiffany Glass" keepsake in memory of a loved one. This class utilizes acrylics and acrylic paints so please wear a cover shirt for a relaxing artist journey. Participants will be able to take home their miniature window the same day.

Week Four: Memory Necklaces with Gloria Warwell-Oberst

In this class participants will create a personalized photo necklace. This unique creation will recognize and honor that special life remembered. Please bring two or three photos that will fit into a one-inch square pendant.

Thursdays,
August 5 -26

12:00pm-2:00pm

Box Factory for the Arts
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Walking Group

Lace up your walking shoes and explore the scenic Edgewater area and other parts of St. Joseph with the Lory's Place staff and new friends. The routes and distances will vary, but all groups will begin at Lory's Place unless otherwise specified. This is an open group and participants are not required to preregister or attend all sessions. This is an adult-only group. (Note: This group will not meet on July 14 or August 4)

Mondays & Wednesdays June 21 -Aug 30 7:00-8:00pm Lory's Place

Lory's Place Book Club

Enjoy great company and stimulating conversation as book club members embark on a six week journey through the book *The Council of Dads* by Bruce Feiler. This book discusses what happens when a man who has been diagnosed with a life-threatening cancer asks six of his closest friends to help raise his young twin daughters. Books will be provided by Lory's Place and will be available at the first meeting. Please RSVP to Lory's Place by Friday, June 18th.

Tuesdays, June 22 -July 27 10:00-11:30am Lory's Place

Facilitator Training

An extensive training program for those who would like to volunteer at Lory's Place in one of our many bereavement groups. Limited openings are available. For more information, contact Lory's Place at 269-983-2707 or go to www.lorysplace.org.

Offered the week of August 2 Lory's Place

Although death is an anticipated part of the life cycle, experiencing the death of a loved one can be a difficult experience. Grieving is a natural reaction to loss that can be challenging in the physical, mental, social and spiritual realms of a person's life. Grief is a unique and individual process that has no time limits.

Hospice at Home's Bereavement Program offers a variety of comprehensive resources to support those on their journey at any time in the grief process. The bereavement programs and services provided by Hospice at Home and Lory's Place are made possible through the generosity of our many donors and volunteers and are provided to all at no cost, as a community service.



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