

2010 Bereavement Services Calendar

Guys-n-Grief

A social support group specific for men to come and share conversation and encouragement about their grief journey.

1st Tuesday of every month	10:00-11:00am	Lory's Place
4th Wednesday of every month	5:00-6:00pm	St. Joseph - Hospice at Home
4th Thursday of every month	4:00-5:00pm	Niles/Buchanan - Hospice at Home
1st Tuesday of every month	10:00-11:00am	South Haven - Hospice at Home

Shadow Steppers

This is an open ended group (each individual may start the group and end the group whenever they choose) facilitated by a Hospice at Home Bereavement Coordinator that meets once each month for 1 ½ hours. All who are traveling through their grief journey are invited to take part in the healing process within this comforting supportive environment.

3rd Wednesday of every month	3:30-5:00pm	St. Joseph - Hospice at Home
2nd Thursday of every month	3:30-5:00pm	Niles/Buchanan - Hospice at Home
2nd Monday of every month	3:30-5:00pm	South Haven - Hospice at Home

Good Grief

"Good Grief" covers topics such as why you feel the way you do; how to cope with loss, guilt and regret; and finding a sense of peace. Each seven-week session meets for one hour and thirty minutes of meaningful information and sharing.

Winter Sessions

Tuesdays, January 12 - February 23	3:30-5:00pm	St. Joseph - Hospice at Home
Thursdays, January 14 - February 25	1:30-3:30pm	Niles/Buchanan - Hospice at Home
Tuesdays, January 12 - February 23	1:30-3:30pm	South Haven - Hospice at Home

Spring Sessions

Tuesdays, May 11 - June 22	3:30-5:00pm	St. Joseph - Hospice at Home
Tuesdays, May 11 - June 22	4:00-5:30pm	Niles/Buchanan - Hospice at Home
Tuesdays, May 11 - June 22	4:00-5:30pm	South Haven - Hospice at Home

Fall Sessions

Tuesday, September 14 - October 26	3:30-5:00pm	St. Joseph - Hospice at Home
Thursday, September 16 - October 28	1:30-3:00pm	Niles/Buchanan - Hospice at Home
Tuesday, September 14 - October 26	1:30-3:00pm	South Haven - Hospice at Home



Lory's Place



Hospice
at Home

Because life is precious.

Lory's Place
445 Upton Dr.
St. Joseph, MI 49085
(269) 983-2707
(800) 717-3812

**St. Joseph
Hospice at Home Office**
4025 Health Park Ln.
St. Joseph, MI 49085
(269) 429-7100
(800) 717-3811
Contact: DJ Hosbein

**South Haven
Hospice at Home Office**
05055 Blue Star Hwy
South Haven, MI 49090
(269) 637-3825
(800) 637-3820
Contact: Karen Riffer-Reinert

**Niles/Buchanan
Hospice at Home Office**
4017 Chamberlain
Buchanan, MI 49107
(269) 695-1099
(888) 599-5758
Contact: Karen Alkema

Check out our websites at www.hospiceathomecares.org or www.lorysplace.org

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Celebration of Life Services

Our services honor patients and families served by the organization, as well as community members who have died in the previous six months. These non-denominational programs are open to the public with a time of fellowship at a reception following the service.

Spring

St. Joseph - April 11

St. Joseph - Hospice at Home

Niles/Buchanan - April 25

Call for more information

South Haven - April 18

Call for more information

Fall

St. Joseph - October 10

St. Joseph - Hospice at Home

Niles/Buchanan - October 17

Call for more information

South Haven - October 24

Call for more information

Mother's Day

Reflections on our mothers who are no longer with us but live on in our hearts, offers a chance to honor their memory. Includes opportunities to remember mothers as well as nurture yourself by moving through various activity stations.

May 6 3:00pm St. Joseph - Hospice at Home

Fathers Day

Join together to share treasured stories and memory items of fathers, as we honor their impact on our lives.

June 17 3:00pm St. Joseph - Hospice at Home

Camp Lifetimes

A one day bereavement camp where a child/teen ages 5 to 18 can meet others who have experienced a death and to realize they are not alone in their grief journey. We will explore nature through guided trail walking, hands-on activities, music, team building strategies, journaling and games.

July 14 All Day Fernwood Botanical Garden

Creative Grief Expressions

July-August Offered at all four locations. Topic to be determined.

Facilitator Training

An extensive training program for those who would like to volunteer at Lory's Place in one of our many bereavement groups.

Offered the week of August 2

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Holiday Blues

Our annual program offers an opportunity to participate in meaningful sharing and gain renewed strength to walk through grief during the holiday season.

November 15	5:00pm	Lory's Place
November 16	Noon	St. Joseph - Hospice at Home
November 18	Noon	South Haven - Hospice at Home
December 9	3:30-5:00pm	Niles/Buchanan - Hospice at Home

Additional bereavement support activities may be added throughout the year, please be sure to check the calendar often by visiting either of the below websites:

www.hospiceathomecares.org or www.lorysplace.org.

Although death is an anticipated part of the life cycle, experiencing the death of a loved one can be a difficult experience. Grieving is a natural reaction to loss that can be challenging in the physical, mental, social and spiritual realms of a person's life. Grief is a unique and individual process that has no time limits.

Hospice at Home's Bereavement Program offers a variety of comprehensive resources to support those on their journey at any time in the grief process. The bereavement programs and services provided by Hospice at Home and Lory's Place are made possible through the generosity of our many donors and volunteers and are provided to all at no cost, as a community service.



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