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PRESS RELEASE
FOR IMMEDIATE RELEASE



Guys-n-Grief

(Southwest, Michigan) March 4, 2009 – Are you a man who is grieving the death of someone in your life recently or long ago? Grief is an experience in life like no other. People live out the process of grief as uniquely as their own being. Grief is a time of need where support can offer comfort that goes beyond words. It claims no gender because ***Guys do Grieve.***

Through sharing concern and support for one another, we often find the courage, patience and compassion to grieve in our own way and at our own pace. Grief can be a point of connection and we invite men of all ages to become a part of Guys–n-Grief, a Grief and Social Support Group of Hospice at Home and Lory's Place. Men, come share conversation and encouragement as you adjust to life's "new normal."

The monthly groups are being offered at four locations beginning in April:

- 1st Tuesday of each month from 10:00 -11:00 AM at Lory's Place, 445 Upton Drive, St. Joseph
- 1st Tuesday of each month from 10:00 -11:00 AM at the South Haven Hospice at Home Office, 05055 Blue Star Highway, South Haven
- 4th Wednesday of the month from 10:00 – 11:00 AM at the River Valley Senior Center, 13321 Red Arrow Highway, Harbert
- 4th Thursday of the month from 10:00 -11:00 AM at the Buchanan Hospice at Home Office, 4017 Chamberlain, Buchanan

Hospice at Home also offers ongoing groups that meet during the evening for adults and children at Lory's Place Grief Healing and Education Center. The

groups include regularly scheduled age-appropriate support group sessions that allow children and adults to interact with peers who have suffered similar loss. Groups for children and adults who are anticipating a loss or who have experienced a loss through pregnancy are also available, as well as educational and workplace grief programs. All community bereavement services are provided free of charge thanks to local community contributions.

Hospice at Home is the non-profit community hospice focusing on the patient and family regardless of the patients' diagnosis, treatment choices, or ability to pay. It provides quality care to people adjusting to living with a serious illness, facing death, anticipating the death of a loved one, or healing their grief after the death of a loved one. Hospice at Home places an emphasis on the emotional, social, and spiritual needs of those who need care and those receiving support services. Serving Berrien, Cass, Van Buren, and Allegan Counties, the care is coordinated by a team of physicians, nurses, home health aides, social workers, spiritual care counselors, bereavement coordinators, and trained volunteers. Extending this care, Lory's Place, a bereavement and education center that builds hope and strength for every grieving family, is available to anyone in Southwest Michigan or Northern Indiana.

For more information contact Hospice at Home at 269-429-7100 or 1-800-717-3811, or go to www.hospiceathomecares.org or contact Lory's Place at 269-983-2707 or 1-800-717-3812, or go to www.lorysplace.org.

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