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**PRESS RELEASE**

**FOR IMMEDIATE RELEASE**



## Grief Healing Programs in South Haven

**South Haven, Michigan**, January 4, 2007 - South Haven Area Hospice, your local Hospice at Home, Inc., is sponsoring two multi-session programs geared to helping people process grief.

A seven-week session, called *Good Grief*, will be held every Wednesday at 1 p.m. from January 17 through February 28 at South Haven Area Hospice at 05055 Blue Star Highway in South Haven. The hour and a half sessions provide an opportunity for participants to connect with others who are experiencing the loss of a friend or family member.

The second program, *Healing The Heart Through Art*, provides art classes in which grieving individuals explore their journey through grief with different forms of artistic expression. Four two-hour sessions will be held each Monday at 1 p.m. at the South Haven Center for the Arts, 300 Phoenix St. in South Haven, from February 5 through February 26. Organizers of the program emphasize that no art experience is needed. "We will be working from our hearts," explains Bereavement Care Coordinator, Karen Riffer-Reinert.

The programs are free and open to the public. Individual invitations are also being sent to families who have used South Haven Area Hospice services. For more information, or to register for a program, contact Karen Riffer-Reinert at the South Haven Area Hospice at 269-637-3825 or 800-637-3820.

South Haven Area Hospice and Hospice at Home, Inc. provide holistic quality care for individuals with life-limiting illness and their families. The care is coordinated by a team of physicians, nurses, aides, social workers, spiritual care

counselors, bereavement coordinators, and trained volunteers. Hospice at Home and South Haven Area Hospice also care for families at Lory's Place, a bereavement and education center that builds hope and strength for every grieving family.

To learn more about South Haven Area Hospice and Hospice at Home, call 269-429-7100 or 1-800-717-3811; or go to [www.hospiceathome.org](http://www.hospiceathome.org).