

Guys-n-Grief

A Mens Grief and Social Support Group

Men - are you grieving the death of someone in your life?

Grief is an experience in life like no other. People live out the process of grief as uniquely as their own being. Grief is a time of need where support can offer comfort that goes beyond words. It claims no gender because *guys do grieve*.

Through sharing concern and support for one another, we often find the courage, patience and compassion to grieve in our own way and at our own pace. Grief can be a point of connection and we invite men of all ages to become a part of Guys-n-Grief, a Grief and Social Support Group of Hospice at Home and Lory's Place. Men, come share conversation and encouragement as you adjust to life's "new normal."

South Haven:

1st Tuesday of each month
10-11 a.m.

Hospice at Home
05055 Blue Star Highway
South Haven, MI 49090
1(800) 637-3820

St Joseph:

1st Tuesday of each month
10-11 a.m.

Lory's Place
445 Upton Drive
St. Joseph, MI 49085
1(800) 717-3812

Sawyer:

4th Wednesday of each month
10-11 a.m.

River Valley Senior Center
13321 Red Arrow Highway
Sawyer, MI 49125
1(269) 429-7100 (Hospice at Home)

Buchanan:

4th Thursday of each month
4-5 p.m.

Hospice at Home
4017 Chamberlain
Buchanan, MI 49107
1(888) 599-5758

Groups are ongoing, start anytime!
See you there!



445 Upton Dr.
St. Joseph, MI 49085
(800) 717-3812
www.lorysplace.org



4025 Health Park Lane
St. Joseph, MI 49085
(800) 717-3811
www.hospiceathomecares.org

